

YOUTH CENTER  
(Community center for youth)

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## **Abstract:**

Now a days we are living in an era where internet gave us access to pervasive things to distract our mental and physical abilities. In this 21<sup>st</sup> century a child who belong to a privileged society have gadgets like computers, tabs, mobile phones, video games and etc., when becoming youth results lack of awareness to the importance or necessity of the physical games and curriculum activities.

Thus to emerges the need a platform for youth who are interpolated with mechanized objects to help them by giving proper opportunity or awareness of physical activities.

The main reason for such detracted youth is that they are too much indulge in these tech oriented mechanized objects and we provide them excessive indoor facilities like x-box, internet, video games, online media and etc.

In order to bring the youth into more productive and healthy environments, I want to introduce a youth center.

No doubt internet, television and social media are giving us the awareness of today's whole world in a very easy manner, but physical fitness and healthy mental activities are not provided by these things.

To take part in physical activities gives the youth the spirit to grow in other activities and work properly.

In a nut shell a platform like youth center is quite compulsory for successful communities and for the betterment of youth.

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# Chapter 1

## **Introduction:**

**Major part of the population of Pakistan comprises of youth. Youth means people from age 15-24. The youth of Pakistan is involved in indoor activities, get together, parties, concert etc.**

**Reason for detracted youth is majorly not putting their energies into something useful and productive and providing them many indoor activities like (internet, media). In order to provide all this activities for youth. I want to provide them with a youth club.**

**The Youth Center is a social and recreational center intended primarily for use by children ages 15 to 24 years. In some cases, children as young as six years old will use a Youth Center, but usually only if special programs are in place to accommodate them. The Center supports opportunities for youth to develop their physical, social, emotional, and cognitive abilities and to experience achievement, leadership, enjoyment, friendship, and recognition.**