

**Parenting Styles, Obsessive Compulsive Symptoms and Interpersonal Issues
in University Students**



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Abstract

The recent research is conducted to see the relationship of parenting styles with obsessive compulsive symptoms and interpersonal problems. The purpose of this study was to assess parenting styles and to see the prevalence of obsessive compulsive symptoms in non clinical population of our culture as university students. As university life is full of challenges so it could become a risk factor for developing mental health problems. Obsessive compulsive symptoms have not yet seen in Pakistani culture among students so it will be helpful. The impact of OCS and parenting was also explored that how these factors resulted in interpersonal problems. The hypothesis of this research was that those university students who have dysfunctional parenting would have more obsessive compulsive symptoms and interpersonal problems. It was also hypothesized that those university students who have obsessive compulsive symptoms would have more interpersonal problems. Cross sectional method was used for this research. Three scales were used for this research. Inventory of Parent and Peer Attachment (IPPA), Obsessive Compulsive Symptoms Scale (SSOS) and Interpersonal Difficulty Scale (IDS). Co relational method was used to see correlation among variables. It was revealed that dysfunctional parenting has a positive relation with OCS and interpersonal problems. Moreover, OCS also has a positive correlation with interpersonal problems. The utility of this study will be that it will help university students to identify the underlying causes of certain behaviors which they exhibit unknowingly and which even bothers them. This research will help more students to have indigenous data while conducting their own researches so it will set as a background for other researches.

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