

Perception of Freedom in Personal Domain among Adolescents: A Qualitative Study



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## Declaration

I, Ms. Sadaf Sher, ID No .13002142014, student of MSc in the subject of Psychology, session 2013 -2015, hereby declare that the material printed in this thesis titled “The Perception of Personal Domain among Adolescents” is original work and has not been published or submitted as research work, thesis or publication in any form in any university, research institution etc in Pakistan or abroad.

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Signature of the declarer

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### **Abstract**

This study was carried to see how adolescents perceive their personal domain and freedom of adolescents to do work according to their own will. The personal domains authorize to different actions that a person considers apply to own self and also to the outside of the area of rational regulation. For this purpose qualitative approach was followed. The objective of the study was to explore the gender differences while girls have more freedom of choice as compared to boys and to explore the personal domain perception among adolescent. For this purpose in phase 1 4 focus groups were conducted and in phase 2 an interview guideline was developed based on material from FGD 20 participants were carried out. Content analysis was used to analyze the data. The adolescents of our nation have awareness regarding their proposal choices such as dress, making friends etc. But despite having this awareness they do not have the liberty to exercise their independent choices as can be observes in the west. In Pakistani culture the parents do not consider their children wise enough to take decision. On the other hand, some

parents do not even take into account the personal choices of their children and instead impose their will on them.