

**Research**

**Psychosocial Reactions of Trauma in Internally Displaced Persons**



**Participant's Name: Aisha Rasool**

**13003146005**

**Supervisor's Name: Doctor Zahid Mahmood**

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**Institute of Clinical Psychology**

**University of Management and Technology**

**Lahore**

**2015**

**DECLARATION**

I, Ms. Aisha Rasool, ID: 13003146005, Student of **MS Clinical Psychology** in the subject of **Clinical Psychology Session 2013-2015**, hereby declare that the matter printed in the thesis title **“Psychosocial Reactions of Trauma in Internally Displaced Persons”** is my own work and has not been printed, published and submitted as research work thesis or publication in any form in any university, research institution etc. in Pakistan or abroad.

**Dated: 21<sup>st</sup> August, 2015**

**Signature of Deponent**

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## **Acknowledgement**

I would like to express my innermost gratitude to my supervisor Doctor Zahid Mahmood, who wasn't only my supervisor but who acted as vanguard, as a pathfinder and as a mentor throughout the years, without his supervision and support I wouldn't have been able to perform better. I would like to pay homage to my department, where I breathe for two years, my special thanks to Doctor SadiaSaleem, who has played an exceptional role in these two years by guiding me at the time of difficulties and Ma'am Fatima Naeem, who has served as a constant prop for my research. I would like to thank Ma'am Sara Subhan, for being a source of motivation, whose zeal and zest, always inspired me and made me felt to be like her. A bundle of thanks to Ma'am Ayesha Umar, Ma'am Umaiza Bashir, Ma'am Maryam Rizvi, Ma'am Sana Daud, Ma'am Maheen and Ma'am AttiyaMumtaz for their never ending support and good wishes.

I won't be able to repay my department, but I will always admit and recognize the efforts of my teachers in building and shaping my personality.

## **Dedication**

I dedicate my thesis to **ALL** the people, who made a difference in my life!!!

**MossaratQadeem**- A woman who had a huge impact on my life, she served to be a constant source of Inspiration and she made me believe that woman in today's world can do wonder's. You don't know, but I always secretly admire you and idealize you.

**Major ® Rasool Jan&Sehr Sultana**, thanks for always backing me up. Whenever I felt fragile and weak, even only hearing your voices from hundreds of miles away, used to hold me together and never let me break.

&

Finally I dedicate my thesis to the **LORD** of the lords, who has been a constant Compeller, who made me strong enough to face all the hardships, indeed he is the "**Al-Jabbar**" and all praises are for Him who is indivisible...

**Aisha Rasool**

## Abstract

The study was carried out with the aim of investigating psychosocial reactions of trauma in Internally Displaced Persons (IDPs) who were subjected to displacement due to military operation in the region. It was a cross-sectional study and around 104 ( $M= 31.20$ ,  $SD=9.32$ ) IDPs were included. Posttraumatic Stress Diagnostic Scale (PDS) was administered. The findings revealed that around 17% of IDPs showed severe symptoms. The females were at more risk for PTSD than males, but no significant differences were found in both the genders when it was about impairment in daily life functioning, both were equally affected. The satisfaction of life was decreased, too. No diagnosis was made for PTSD, but on many symptoms results were significant. The results were described according to cultural manifestation, and it was revealed that symptom severity decreased when the duration of being displaced increased.

