

Thesis

Cyber Bullying and Mental Health Problems in University Students



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DECLARATION

I, Ms. **Maaza Saeed** ID: **13003146029** Student of **MS** in the subject of **Clinical Psychology session 2013 – 2015**, hereby declare that the matter printed in the thesis titled **Cyberbullying and Mental Health Problems in University Students** my own work and has not been printed, published and submitted as research work thesis or publication in any form in any university, research institution etc in Pakistan or abroad.

Dated: 24-08-2015

Signature of deponent

CERTIFICATE OF APPROVAL

Accepted by the Faculty of the Institute of Clinical Psychology, School of Social Sciences & Humanities, University of Management and Technology, Lahore in partial fulfillment of the requirements for the degree of MS in Clinical Psychology

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Dedication

I would like to dedicate this work to my parents and my beloved country
Because at this day the most important and overwhelming key of my success
is their positive involvement.

Abstract

Present study investigated the relationship between “Cyberbullying” and “Mental Health Problems” in University Students. A sample of 200 university students with age range of 18 years and above ($M=1.21$, $SD=.408$). “Cyberbullying Assessment Scale” and “student problem checklist” with demographic Performa was used to obtain information. it was found that more than half participants had been cyber-bullied. Females are slightly more Cyberbullied than males, males are more likely to be Cyberbullies than their female counterparts. female cyberbully victims were more likely to inform adults than their male counterparts. Overall it was seen that Cyber bullying is the positive predictor of Mental Health Problems in university students. Limitation and suggestions for future research are discussed. The results are discussed in the specific cultural context of Pakistan.

Key words: Cyberbullying, Mental health problems, university students

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