

**Research Thesis**

**Social Rejection by Peers and Social Anxiety in Adolescents**



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## **DECLARATION**

I, Miss **KomalHuma** ID: **13002146001** Student of **MS Clinical Psychology** in the subject of **Clinical Psychology session 2013-2015**, hereby declare that the matter printed in the thesis title **Social Rejection by Peers and Social Anxiety in Adolescents** is my own work and has not been printed, published and submitted as research work thesis or publication in any form in any university, research institution etc in Pakistan or abroad.

**Dated: 30-03-2015**

**Signature of Deponent**

## Certificate of Approval

Accepted by the Faculty of the Department of Clinical Psychology, School of Social Sciences & Humanities, University of Management and Technology, Lahore in partial fulfillment of the requirements for the degree of MS in Clinical Psychology

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### **Dedication**

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### **Abstract**

An adolescent is one of the most important stages of child's life. This study deals with social rejection in adolescents from their peer group and their association with the emotional and behavioral problems which is experienced by them. Participants were 300 students (150 boys and 150 girls) from 8<sup>th</sup>, 9<sup>th</sup> and 10<sup>th</sup> class. To measure the social rejection by peers in adolescents, an indigenous scale was developed which has high internal consistency ( $\alpha = .92$ ). To assess the participant's emotional and behavioral problem School Children Problem Scale (Saleem & Mahmood, 2011) and for measuring attachment pattern the Attachment Questionnaire for Children (Muris, Merckelbach, & Zwambag, 2000) were used. The results of Regression analysis indicated that Social rejection by peers is strong positive predictor of emotional and behavioral problem in adolescents whereas age, gender and class were found to be negative predictor of problems in adolescents. These results also showed that girls perceived more emotional and behavioral problem as compared to boys after getting social rejection from peers. These results were discussed in cultural context in terms of implementation in community.

*Key Words:* Social rejection, Peers, Social anxiety, adolescents

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