

Research Dissertation
Perception of Child's Developmental Disability and the Quality of Life of Mothers

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DECLARATION

I, Ms. Wajeעה Zehra ID: 14005146034 Student of MS Clinical Psychology in the subject of **Clinical Psychology session 2014-15**, hereby declare that the matter printed in the thesis title **Perception of Childs Developmental Disability and the Quality of Life of the Mothers** is my own work and has not been printed, published and submitted as research work thesis or publication in any form in any university, research institution etc in Pakistan or abroad.

Dated Signature of Deponent

Certificate of Approval

Accepted by the Faculty of the Department of Clinical Psychology, School of Social Sciences & Humanities, University of Management and Technology, Lahore in partial fulfillment of the requirements for the degree of MS in Clinical Psychology.

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List of Abbreviations

M.....	Mean
SD.....	Standard Deviation
r.....	Correlation
t.....	t-test
p.....	Level of Significance
DD.....	Developmental disabilities
CP.....	Cerebral palsy
ASD.....	Austism Spectrum Disorders
MPS.....	Mother's Perception Scale
WHO.....	World Health Organization
QOL.....	Quality of Life

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Demographic Form

Appendix B

WHOQOL-BREF SCALE (Worlds Health Organization Quality Of Life Scale Urdu version

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Wajeaha Zahra

Dedication

I dedicate my thesis to my beloved sister **Ms Shabih-e- Zahra** who encouraged me for this achievement in my life without her support I could not achieve this difficult endeavors of my life.

Abstract

The purpose of this study was to find out the impact of child's developmental disability on the mother's Quality of life. Mothers (N=150) with the children of three type of developmental disability cerebral palsy ,intellectual disability and autism spectrum disorder were the participants of this research. Mixed methods research design was used. Instruments included a demographic performa, WHO-BREF questionnaire and a indigenous scale MPS (Mother's perception Scale) to measure mothers perception about child disability. This MPS was constructed for the study to see the relationship between the independent variable of mother's perception with the dependent variable of quality of their life. After factor analysis the two factors were assigned, the descriptive label of positive mother's perception and negative mother's perception, to measures the perception of mother's about the disability of their child. Product movement correlation revealed relationship between positive mother's perception with the better QOL and negative mother's perception with lower QOL. Hierarchical Linear regression indicated that mother's education is the significant predictor of QOL. Independent t-test revealed that there was no gender difference in mother's perception and their QOL. However the difference of nuclear and joint family system was found to be significant.