

**Social Skills, Coping Styles, Emotional and Behavioural Problems in
Adolescents**



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DECLARATION

I, Ms.Sana HamidId# 13003146030Student of **MS Clinical Psychology** in the subject of **Clinical Psychology session 2013-2015**, hereby declare that the matter printed in the thesis title **Social Skills, Coping Styles, Emotional and Behavioral Problems In Adolescents**is my own work and has not been printed, published and submitted as research work thesis or publication in any form in any university, research institution etc. in Pakistan or abroad.

Dated: 15-10-2015

Signature of Deponent

Certificate of Approval

Approved by faculty of Department of Clinical Psychology, School of Social Sciences and Humanities, University of Management and Technology, Lahore in partial fulfillment of the requirement for the degree of MS in clinical psychology.

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Dedication

I would like to thank my parents; this thesis would not have been possible without their love and support. I dedicate this thesis to my parents. They have always been supportive and shown great interest in my work and its progress.

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Abstract

This study was aimed to explore the relationship between the social skills, coping styles and emotional and behavioural problems in adolescents. A Mixed Method (Qualitative and Quantitative) research design was used to find out the relationship between these variables. The total sample of 300 participants was obtained with the help of Multistage Sampling Technique with the age ranges from

13-17 years. The Social Skill Scale was developed under three phase model. The Coping Strategies Scale was the second scale and the third scale was the School Children Problem Scale (Saleem& Mahmood, 2011), and the demographic Performa. The results of the current study revealed the negative relationship between the Social Skills factors and the School Children Problem Scale. Whereas the factor 1 and the factor 3 showed positive relationship with the School Children Problem Scale and the factor two showed the negative correlation with the factor six of the school children problem scale.