

**AGGRESSION AND GENERAL HEALTH PROBLEMS AMONG  
UNDERGRADUATE UNIVERSITY STUDENTS**



**Master's Thesis Py-499**

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## Certificate of Approval

It is accepted by the Faculty of the Department of Psychology, School of Social Sciences & Humanities, University of Management and Technology, Lahore in partial fulfillment of the requirement for the degree of MSc in Psychology.

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## Declaration

I MsNeelamTahirRoll no, 12001142013, student of MScin the subject of Psychology, session 2012-2014, hereby declare that material printed in this thesis titled “Aggression and General Health Problems among undergraduate university students” is original work and has not been printed, published, or submitted as research work, thesis or publication in any form in any university, research institution etc. in Pakistan or abroad. This study is the first one in Pakistan, takes as MSc thesis.

Dated:

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Signature of the declarer

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## TABLE OF CONTENTS

<b>Abstract .....</b>	<b>ix</b>
<b>Introduction .....</b>	<b>1</b>
<b>Review of Literature .....</b>	<b>4</b>
<b>Method .....</b>	<b>9</b>
<b>Results .....</b>	<b>12</b>
<b>Discussions.....</b>	<b>19</b>
<b>References .....</b>	<b>23</b>
<b>Appendix .....</b>	<b>26</b>

## List of Table

<b>Table 1.</b> Demographic analysis of sample	12
<b>Table 2.</b> Correlation between demographic variables and measures	13
<b>Table 3.</b> Correlation between demographic and measure scores of male and female	14
<b>Table 4</b> Correlation between demographic and measures of government and private university	15
<b>Table 5</b> Mean differences of General Health Problems and Aggression among university students	16
<b>Table 6</b> Alpha reliability analysis of Buss Perry Questionnaire (BPQ)	18

## Appendix

Appendix A .....	General Health Questionnaire
Appendix B.....	Buss Perry Questionnaire

## ABSTRACT

This study attempts to see the relationship between aggression and general health problems among undergraduate university students. The findings reveal that aggression and general health problems have direct relationship ( $r = .17$ ,  $p < 0.05$ ). In addition general health is positively correlated with covert aggression ( $r = .24$ ,  $p < 0.01$ ). Covert and overt aggression was measured through Buss Perry Aggression questionnaire (Buss & Perry, 1992) which measures physical and verbal aggression (overt aggression), anger and hostility (covert aggression). Reliability of Buss Perry Questionnaire is .81. General health problems were measured by the general health questionnaire-30 (Goldberg, 1978). Hence it is concluded that the students having more aggression have high risk of developing general health problems. Moreover students having covert aggression have more tendencies to develop general health problems as compared to students having overt aggression.