

**Emotional and Behavioral Problem and Coping Strategies in Orphan
and Non-Orphan Institutionalized Adolescents**



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2014

Certificate of Approval

Accepted by the Faculty of the Department of Clinical Psychology, School of Social Sciences & Humanities, University of Management and Technology, Lahore in partial fulfillment of the requirements for the degree of MS in Clinical Psychology

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Acknowledgements

Thank you God you have been with me and giving me this blessing. Thanks to Head of the department Dr. ZahidMahmood for giving me the opportunity to carry research in this degree program. I am grateful to my supervisor Dr. SadiaSaleem for her continued encouragement, advice and guidance throughout my research work with understanding and patience. Her calm approach encourages me for motivation and self-belief. She is an admirable advisor and has help out along the way, not just with the research. Thank you to the staff at department as they have provided a supportive work environment.

Special thanks to my family who continuously appreciated especially I would like to thank my parents Sharif Masih and AzmatShaheenfor endless support. My parents have supported me throughout my degree program.

I would like to thank all the participants who give time to complete the Performa for study. I am also grateful to my class fellows and friends for their encouragement and they have been cooperative throughout the degree program.

Dedication

I would like to dedicate my humble effort in a form of thesis to my beloved parents, whose encouragement and prayers gave me courage to put my efforts in my research work.

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Plagiarism Report

Abstract

This study was aimed to explore relationship between Emotional and Behavioral problems and Coping Strategies in institutionalized orphan and non-orphan adolescents. A cross sectional design (correlational study) was used for this study. The total sample obtained 373 participants with the age range of 12-19 years, the mean age 15.06 (SD =1.59). Coping Strategies Scale was developed obtained, 47 items with 4-point rating scale for Adolescents according to the Pakistani cultural context. The first phase of scale development was to explore the phenomena; and approved from five Professional Clinical Psychologists after the certain procedure for Empirical validation of scale then Pilot Study was carried out. The three factors of Coping Strategies Scale were finalized by using scree plot with high internal consistency. The School Children Problems Scale (SCPS) was another measure for emotional and behavioral problems (Saleem&Mahmood, 2011) and age, gender, number of sibling, class, and school were included in demographic Performa. The results indicated there was almost equal proposition of participants, non-orphan participants are 51% and orphans are 49%, total boys were 49% and girls were 51%. The findings of t-test represented that orphan participants have more emotional and behavioral problems (EBPs) and use more Emotion Focused than non-orphan participants. The Multiple regression analysis showed the significant relationship between Emotion Focused Coping and all factors of SCPS. However, Problem Focused Coping has no significant relationship with EBPs and Spirituality has a strong inverse relationship with the EBPs. The Hierarchal Regression Analysis revealed that being orphan, male participants (boys) of 10th class found to be positive predictor of EBPs. Nevertheless, overall gender wise boys are more predictor of EBPs than girls.