

**Self concept, friendship breakup reactions and emotional behavioral
problems among adolescents**



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DECLARATION

I, Anam Fatima, ID: 14005146015, Student of MS Clinical Psychology in the subject of Clinical Psychology, Session 2014-2016, hereby declare that the matter printed in the thesis title " Self concept friendship breakup reactions and emotional behavioral problems among adolescents" is my own work and has not been printed, published and submitted as research work thesis or publication in any form in any university, research institution etc in Pakistan or abroad.

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Abstract

Present studies investigate the relationship between self-concept, friendship breakup reactions and emotional behavioral problems in adolescence. A sample of 400 school students were selected through multistage sampling technique, comprising of 209 girls and 191 boys of 8,9 and 10 grades with the age range of 13-18years ($M=14.56$ & $SD=1.38$). The participants were given Friendship Breakup Reactions Scale (Sarraz&Saleem, 2016) Self Concept Scale (Rehman&Jabeen, 2015) and School Children Problem Scale (Saleem&Mahmood,2011) and demographic Performa. Hierarchical regression analysis revealed that boys show more mental health problems than girls as well as sense of loss and emotional exhaustion is the significant predictor of mental health problems. Further the results were discussed in the significance of its cultural context and its implications in the light of the child's growth and development.

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Chapter I

Introduction

The growth and development of children in an appropriate way is vital for the fortune of every nation in the world as children are subjected to continuous relationship developments and breakups in their lives (Aynsley, 2010). From last few years adolescents increased their friendships because of low self-concept they faced friendship breakups reactions and emotional behavior problems (Zhang, 2013).

Adolescence is an ever changing period. The age range of adolescent is 13 to 18 for boys and girls. Adolescent people use to alter self-concept according to their experiences in their lives because they evaluate themselves while considering others 'views (Cooly,2014).Self-concept is all about the complicated, ordered and zestful systems of ideology, conduct and perspectives about which a person thinks carry the true essence of his creation (Yahaya,2012).