

Research Thesis

Personality Traits, Procrastination and Mental Health Problems in

University and School Administrative Staff



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DECLARATION

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Yasemin Seker

Abstract

The study explored relationship between personality traits, procrastination and mental health problems in school and university administrative staff. For this purpose, Big Five Personality (BFP) (Goldberg,1992), Procrastination Scale (PS) (Lay, 1986), Depression Anxiety Stress Scale (Lovibond & Lovibond, 1995) and demographic Performa was used. The study carried out on the sample of 321 based on 176 males and 148 females administrative staff in private and government schools and universities with the 21 to 61 age ranges. According to the results of this study there is positive relationship between extraversion, agreeableness and open to experience. Whereas negative relationship with neuroticism, mental health problems of university and school administrative staff. Positive relationship was found in neuroticism, mental health and procrastination of university and school administrative staff.

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Chapter I

Introduction

In human resource development, education plays a significant role. It enhances the competencies and creativity of individuals and develops an expert human power that has ability to control economic improvement. Education does not need any clarification or approval to cultivate human resources. Education ranks highest priority in developed countries and as in other growing countries (Govt. of Pakistan, 2000). Education is a long-term process. It does not take one day for the students to gain the necessary information and ability according to their age. The control of semester and yearly goals is carried out by examinations and observations. Organizing human potential is essential to become developed economy among individuals and society. Abilities those are the foundation stones of human potential can be gained in families, schools, universities, and firms (Heckman, 1999). In educational institutions such as universities and schools, people serving the institution's goal and benefiting from this service are people.