

Religious Intolerance and Psychological Adjustment among University Students.



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Declaration

We Ms. Amna Farooq, Ms. AbirAbid, Ms. RabiaIrafan, Student No: s2016142002, s2016142006, s2016142005, student of MSc in Psychology, session of 2016-2018, hereby declare that the material printed in this thesis, titled “ **Religious Intolerance and Psychological Adjustment among University Students**” is original work and has not been printed, published or submitted as research work or thesis in any university, research institute in Pakistan and abroad.

Date _____

Signature of the declarer

Research Completion Certificate

Certificate that the research work contained in this thesis titled “**Religious Intolerance and Psychological Adjustment among University Students.**” has been carried out and completed by **Amna Farooq, RabiaIrfan, AbirAbid**, ID# **S2016142002, S2016142006, S2016142005**; Student of M.Sc. Psychology, session 2016 - 2018, under my supervision. This study is an independent research work and carried out under given instruction and consideration.

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Dedication

We want to express our thanks, gratitude, acknowledgment and dedicate it to our parents and teachers for making us capable to strive for best and achieve more than what we cannot. With their guidance and direction in both our academic studies as well as our social relationships, we avoided several situations that would have had a negative impact on our future. Without their encouragement we would have never succeeded in life so far. Thank you for making us so happy and blessed. There are not enough words to describe how much we are grateful and blessed.

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Abstract

Current study was conducted to explore relationship between religious intolerance and psychological adjustment of university students. Data was collected from 285 (141 men and 144 women) university students of University of Management and Technology through convenient sampling method. Their age ranged from 18 to 24 years ($M = 9.41$, $SD = 14.38$). two psychological inventories were used to collect data from participant; Adult Personality Assessment Questionnaire PAQ (Naz & kasuar, 2011) and Religious Intolerance Scale RIS (Shujja & Mehdi, 2016). Pearson product moment correlation, t-test and Linear Regression Analysis were used to assess hypothesis. Results revealed that religious intolerance was significantly correlated with dependency and emotional unresponsive. Whereas, hostility was found to have significant correlation with dependency, negative self-esteem, negative self-adequacy, emotional unresponsive, emotional instability and negative world view. They also showed inter- correlation among study variables. Result showed there is no gender difference between religious intolerance, but significant gender differences were found in Emotional Unresponsive, Emotional Instability and Negative world view. Overall model accounted for 1% variance.

Keywords: Religious intolerance, Psychological Adjustment, University Students

Introduction

Tolerance is the ability to interpret something in a particular way, based on readiness to accept all those things that are variant from one's own perspective. It is the capability of understanding and accepting the ideology, emotions and beliefs of other which are deviant from one's own. It's the ability to survive in a situation which is dangerous and unfavorable and one has to adapt to the situation in anyway. "(Merriam Webster", 1828). The word intolerance is basically derived from the Latin word *intolerantia*"impatience" generally it is used for religious affairs and obligations From mid-19 century and from that time till now it is used for the same purpose and meaning. Intolerance is being unable to adapt, accept and understand the ideologies, emotions and beliefs of other that are different from one's own perspective and beliefs. Intolerance is the state in which one is assertive enough to refuse the acceptance, experience, understand and adapt the ideologies, emotions and belief of others that are different from one's own perspective and beliefs . (Intolerance, n.d.)). Many different types of intolerance exist in our societies like religious intolerance, racial intolerance, ambiguity intolerance, liberal intolerance, social and economic intolerance.