

**Research Dissertation**

**Temperament, Self-Concept and Emotional Behavioural Problem in Adolescents**



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## **DECLARATION**

I, Ms.SanaRehmanId: 13003146003 Student of **MS Clinical Psychology** in the subject of **Clinical Psychology session 2013-2015**, hereby declare that the matter printed in the thesis title **Social Skills, Coping Styles and Emotional and Behavioral Problems In Adolescents** is my own work and has not been printed, published and submitted as research work thesis or publication in any form in any university, research institution etc. in Pakistan or abroad.

**Dated: 7-08-2015**

**Signature of Deponent**

## Certificate of Approval

Approved by faculty of Department of Clinical Psychology, School of Social Sciences and Humanities, University of Management and Technology, Lahore in partial fulfillment of the requirement for the degree of MS in clinical psychology.

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## **Dedication**

**I would like to dedicate my work to**

**my Mother, Father and Father**

**Who gave me unconditional love ever**

## **Abstract**

The study aim was to explore the impact of Temperament on Self-concept of Adolescents. The study was carried out with the development of an indigenous scale of Self-concept and the adopted version of Early Adolescent Temperament Scale Revised (EATQ-R) & School Children Problem Scale. The total no of sample in this study was consisted of 402 participants, (49% boys and 50% girls) between the age range of 12-17 years. The phenomenology was explored and pilotstudy was conducted to assess the user friendliness of the scale. The main hypothesis of the current study was exploring the relationship between Temperament and Self-concept in adolescents. The factored analysis of self-concept scale indicates the two factors which was positive self-concept and negative self-concept. The Performa was given to the participants with demographics and the results indicate that the Class, Gender, Attention, Depression, and Frustration, were strong predictor of Emotional Behavioural Problem & Negative Self-concept in adolescents. Results were discussed in global term and collectivistic culture of Pakistan which indicates that Class, Gender, Attention, Depressive Mood, Frustration, Pleasure sensitivity were strong predictor of Negative self-concept.

