

SOCIAL SUPPORT AND PSYCHOLOGICAL WELL-BEING AMONG HIJRAS



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Research Completion Certificate

Certificate that the research work contained in this titled “Social Support & Psychological Wellbeing among Hijra” has been carried out and completed by Ms. Asra Kamal Student No 13002142002, Student of M.Sc Psychology, session 2013- 2015, under my supervision, this study is an independent research work and carried out under given instruction and ethical consideration.

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Declaration

I, Ms. Asra Kamal, Student No.13002142002, student of M.Sc in the subject of psychology, session 2013- 2015, hereby declare that the substance printed in this thesis titled “ Social Support & Psychological Wellbeing among Hijra” is original work and has not been printed, available and submitted as research work, thesis or published in any form in any university , research organization etc in Pakistan or aboard,

Dated :

Signature of the declare

Dedication

This thesis is dedicated to my beloved parents, M. Kamal and Zahida Kamal, for their concerned as they confident me; support me in each step for my flourishing finishing of this thesis

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Abstract

Hijras are one who is barely study, abused and ignored group in Pakistani society. The aim of the present study was to explore the role of social support of Hijras from the Pakistani society and how it affects the psychological well-being of the Hijras and their lives. Furthermore psychological well-being was assumed to be positively correlated with social support. The nature of study is quantitative and the samples comprised of 47 participants, which were selected from Lahore city. Purposive sampling strategy was employ for this study. Zimet, Dahlem, Zimet& Farley (1988) multidimensional perceived social support scale was used to assess the perceived social support inHijras. The RyffPsychological well-being scale (1989) was used to assess the psychological well-being of participants. Obtained data was statistically analyzed by using Pearson Product Movement Correlation analyses. Result of the study indicates that the social support was strongly linked with psychological well- being of Hijras. But some finding show negative relationship such as self-acceptance had negatively relationship with social support. The result established that the social support is directly associated with the psychological well-being of the Hijras. The conclusion of this study was that Hijras are human beings so they should be treated humanely. They should also be given psychological well-being services. Government should organize social support services that work for the betterment of psychological well-being of Hijras.

Key words: Hijras, social support of Hijra and psychological wellbeing of Hijras.

INFORMED CONSENT

Purpose of present study is to examine “Social Support and Psychological Well- Being among Hijras in Pakistan. This study has no negative effects and no physical and psychological harms are associated to this research. If you agree to participate in this study you have to answer some statement. There are no right and wrong answers. Your provided information will be kept confidential and your provided information will be used only for the research and academic purposes. If you want to ask any question, please do not hesitate.

Thank you.

Name of Researcher

Asra Kamal

Signature

Name of Participant

Signature
