

**DEVELOPMENT OF INDIGENOUS SCALE FOR MEASURING RELATIONAL  
AGGRESSION AMONG UNIVERSITY STUDENTS**



M.Phil Thesis: PY699

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LAHORE, PAKISTAN.**

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**DEPARTMENT OF PSYCHOLOGY, SCHOOL OF SOCIAL SCIENCES  
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**Declaration**

I, Iqra Shabir Bhatti, Student No: 14001238016, Student of M.Phil Psychology, Session of 2014-2016 hereby declare that the material printed in this thesis titled “Development of Indigenous Scale for Measuring Relational Aggression among University students” is an original work and has not been printed, published or submitted as research work, thesis or publication in any form in any university, research institution in Pakistan or abroad.

Dated: \_\_\_\_\_

\_\_\_\_\_

Signature of Declarer

**Dedication**

*This thesis is dedicated to Allah for his fruitful help to finish this thesis, my beloved parents as well as my dearest brother and valuable friends who makes me special.*

## **Acknowledgement**

I am at first thankful to GOD, who bestowed his countless blessing upon me, blessed me with courage of facing problems and obstacles that enable me to accomplish this research.

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## Abstract

The current study was conducted to develop a valid and reliable indigenous scale to measure relational aggression among university students. Keeping the cultural specificity of relational aggression in view, focus groups were conducted with students. Firstly, phenomenology of relational aggression was explored from 30 students. Behaviors were generated through two focus groups conducted with university student's i.e, (boys and girls) separately. The verbatim obtained from each focus group was transcribed and after eliminating repeated, culturally irrelevant, and age-wise inappropriate behaviors. Then, verbatim transformed into statements and drafted using response format Never (1), Sometime (2), Often (3) and Always (4). Psychometric properties were determined by administering finalized items pool of 41 items on conveniently drawn sample ( $N = 206$ ) i.e., (boys=103, girls=103) from four universities of Punjab with the age range of 19 to 25 years ( $M = 20.47$ ,  $SD = 1.75$ ). Principle component factor analysis with varimax rotation provided two exclusive factors i.e. relational bullying and impulsive aggression. The final scale contained 22 items with statistically derived two exclusive factors with recommended alpha coefficient ranges (.63-.82). The clinical, academic and practical use of this scale is also explained and evaluate in terms of cultural manifestation of relational aggression in boys and girls. Moreover, the results were discussed for future counseling services to the educational intuitions.

## **Chapter 1**

### **Introduction**

Young adulthood is the most commanding part of many individuals' lives. One of the most extremely bad things that a parent or caretaker can experience is to witness their child's suffering. Ask approximately anybody, and they will reveal to you that young adulthood was not the greatest years of their life. The body starts changing, hormones are seething and it's only an offensive time when all is said in done. Young adulthood additionally includes a universe of feelings (Verona et al., 2008).