

Effectiveness of Social Skills Training Program for Children with Down's Syndrome



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DECLARATION

I, Ms. **Ramsha Anees** ID: **13003146020** Student of **MS Clinical Psychology** in the subject of **Clinical Psychology session 2013-2016**, hereby declare that the matter printed in the thesis title “**Effectiveness of Social Skill Training Program for Children with Down’s Syndrome**” is my own work and has not been printed, published and submitted as research work thesis or publication in any form in any university, research institution etc in Pakistan or abroad.

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Abstract

In this study the pre and post effect of social skills training program in children with Down's syndrome was demonstrated. Six students with Down's syndrome with age range 10-14 years ($M= 11.66$, $SD=.51$) were participated in the study. The initial assessment was carried out with The Portage Guide to Early Education (Bluma, Shearer, Froman, & Hilliard, 1976) and 5 goals were selected which were further divided into fifteen goals. The social skills training manual was developed to follow the proper session protocol. Paired sample t -test was used to investigate the hypothesis which revealed a significant difference ($p > 0.001$) between pre and post test results. Significance changes in social skills were observed following the treatment. The intervention program attempted to increase understanding of social skills in children with Down syndrome.

Introduction

Growth and development play as important land mark in the human life span, where learning experiences and maturation goes hand in hand. Normal development occurs in five broad areas including motor, social, language, cognitive and self-help. All these areas are overlapping and acquisition of one skill in one area helps in generalization of other skill in other area e.g greeting process is a skill of socialization which is dependent on language development (Shaffer & Kipp, 2013). Socialization area is considered to be a gate way to learning. When individual meet each other's they learn.