

**Research Thesis**

**Psychopathic Traits, Self Concept, and Mental Health Problems in**

**Police Officers**



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## DECLARATION

I, **Sadia Aftikhar** , ID:**15006146005**, Student of MS Clinical Psychology in the subject of Clinical Psychology, Session 2015-2017, hereby declare that the matter printed in the thesis **title " Psychopathic Traits, Self Concept, and Mental Health Problems in Police officers "** is my own work and has not been printed, published and submitted as research work thesis or publication in any form in any university, research institution etc in Pakistan or abroad.

**Dated:** \_\_\_\_\_

\_\_\_\_\_  
**Signature of deponent**

## **Certificate of Approval**

Accepted by the Faculty of the Institute of Clinical Psychology, University of Management and Technology, Lahore in partial fulfillment of the requirements for the degree of MS in Clinical Psychology.

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**Date:** \_\_\_\_\_

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**Sadia Aftikhar**

## **Dedication**

I would like to dedicate my work to my father , who is my motivation and a supporting figure for me.

## **Abstract**

The study examined the relationship among the psychopathic traits, self-concept and mental health problems in police officers. The study was carried out in series of phases. In the first phase, the phenomenology of psychopathy and characteristics of self-concept from 15 policemen. After pilot study, the final list of Psychopathic Trait Scale, Self-concept Scale, Depression Anxiety Stress Scales (DASS-21) and a demographic form was given to a sample of ( $N=180$ ) police officers. Factor analysis of Psychopathic Traits Scale generated three subscales i.e. Dominance, Manipulation and Egocentrism. The results showed that psychopathic traits were positively related to mental health problems i.e. Depression, Anxiety and Stress in police officers. Psychopathic traits i.e. Dominance and Manipulation were positively predicting mental health problems in police officers. Lastly, psychopathic traits, self-concept and mental health problems showed significant differences among ranks of police officers.

*Keywords:* psychopathic traits, self-concept, mental health problems

## Table of Contents

	<b>Page No</b>
<b>Acknowledgement</b>	i
<b>Dedication</b>	ii
<b>Abstract</b>	iii
<b>List of Tables</b>	vi
<b>List of Figures</b>	vii
<b>List of Appendices</b>	viii
<b>Chapter I</b>	
<b>Introduction</b>	1
Implications of the current research	
Aims	
Objectives	
Operational definitions of the variables	
<b>Chapter II</b>	
<b>Review of literature</b>	10
Recent local and international literature	
Rationale of the research	
Research Question	
Hypotheses	
<b>Chapter III</b>	
<b>Method</b>	26
Research design	
Sampling	
Setting	
Development of Indigenous Scales	
Main Study	
Measures	

	Participants	
	Procedure	
	Ethical Considerations	
<b>Chapter IV</b>	<b>Results</b>	36
	Section I: Sample description	
	Section II: Psychometric properties of the developed scale	
	Section III: Testing the main hypotheses	
	Summary of results	
<b>Chapter V</b>	<b>Discussion</b>	42
	Conclusion	
	Limitations	
	Recommendations	
	<b>References</b>	49
	<b>Appendices</b>	
	<b>Plagiarism Report</b>	

## List of Tables

<b>Table No</b>	<b>Page No</b>
<b>Table 1</b> .....	<b>31-32</b>
Frequencies and Percentages of the Demographic Characteristics of the Participants (N=180)	
<b>Table 2</b> .....	<b>34</b>
Cronbach's Alpha of all Items on The Factor Structure of 36 Items of Psychopathic Trait Scale (PTS)	
<b>Table 3</b> .....	<b>35</b>
Eigen Values and Variance Explained by Four Factors of Psychopathic Traits Scale	
<b>Table 4</b> .....	<b>36</b>
Cronbach's Alpha of Psychopathic Traits, Self-Concept Scale and DASS	
<b>Table 5</b> .....	<b>37</b>
Inter-factors Correlation of PTS, SC, and DASS, (N=180)	
<b>Table 6</b> .....	<b>38</b>
Hierarchical Regression Analysis Predicting Mental Health Problems in Police Officers from Self Concep and Psychopathic Traits, (N=180)	
<b>Table 7</b> .....	<b>39</b>
One Way Analysis of Variance (ANOVA) for Rank differences in Psychopathic Traits Scale of the Participants (N=180)	

## **List of Figures**

Figure 1. Scree plot Showing Extraction of Factors Plot of Psychopathic Traits of 180 participants

## **List of Appendices**

### **Appendix A**

Demographic Performa and Infatuation Adult Scale

### **Appendix B**

Psychopathic Trait Scale( PTS)

### **Appendix C**

self Concet scale (SCS)

### **Appendix D**

Depression, Anxiety, Stress Scale

### **Appendix E**

Plagiarism Report

### Introduction

A police force is comprised of members authorized by the state to impose the rules and regulations, defend possessions and public complaints. Police forces involves lawful practice of authority as they are allowed to implement the authority in the legal way. However, law enforcement only constitutes a part of policing activity. (Neocleous, 2004). The increasing rate of crime in Pakistan is an alarming condition that put a great deal of pressure on the all law enforcement agencies in the country. Organized crime consists of drug trading, illegal funds, black money, blackmailing, black marketing, political forcefulness, intimidation, kidnapping and so on. Some recent operations in the country to eliminate threats were found to be effective which were conducted by the armed forces in collaboration with the police. Among the important security and law enforcement agencies, police department is the front row law enforcement agency in Pakistan (Jalil & Iqbal, 2010).