

Research Thesis

**Functional Developmental Profile for Children of 5-6 Years of Age: A
validation study**



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DECLARATION

I, sanaRiffat, ID: 14005146028, Student of MS Clinical Psychology in the subject of Clinical Psychology, Session 2014-2016, hereby declare that the matter printed in the thesis title "Indeginized Functional Developmental Profile for Children (Girls) of Age 5-6 Years: a valdation study" is my own work and has not been printed, published and submitted as research work thesis or publication in any form in any university, research institution etc in Pakistan or abroad.

Dated: _____

Signature of Deponent

Certificate of Approval

Accepted by the Institute of Clinical Psychology, University of Management and Technology, Lahore in partial fulfillment of the requirements for the degree of MS in Clinical Psychology.

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Sana Riffat

Abstract

Child development is an important but neglected section of our culture, which requires attention and awareness in many ways especially in relation to assessment. The purpose of current study was to develop culturally relevant developmental assessment tool for children. Furthermore, this research was exploring the relationship among all developmental areas as well as age class and school sectors differences on Functional Developmental Profile. At first validation of Functional Developmental Profile was assessed then Indigenous Functional Developmental Profile was developed. The psychometric properties were established through test-retest reliability total 52 children were taken as sample through multistage simple random sampling, from government and private elementary schools with the age range of 5-6 years ($M= 5.54$, $SD=.50$). Functional Developmental Profile was used in this research. The results showed there is significant positive relationship among all developmental areas i.e. social/emotional, cognitive, communication, adaptive functioning and physical skills. Through this research study age, class and sector difference found on all developmental areas. This study also provide with an indigenous checklist which might be helpful for assessment of different developmental areas of children of age 5-6 years as well as provide a support for future researches.

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Dedication

**I would like to dedicate this work to
My Mother (Late)**

Introduction

The development and change in every living body resulted in to be more different, talented, and capable in dealing the environment and the world around. Development of human body over time is the true reflection of these changes (Rogoff, Barbra, 2003). In order to teach and understand young children, understanding of growth and development are quite important areas. Growth and development are interchangeable terms use for the changing in the human body but in but having different meanings. As growth refers to the changings in the human body parts that increases in size over time and development refers to the progressive change in behaviors, skills and intellectual capacities including head holding, environmental learning, thinking, language and understanding and expression of emotional feelings. (Muhammad, 2005). Children growth and development goes in parallel streams but at different rates(McConnell, Priest, Davis, & McEvoy, 2002).