

**PERCEPTIONS ABOUT THE EVIL EYE BELIEF PRACTICES AMONG  
SARAIKI MOTHERS IN A PUNJABI VILLAGE IN PAKISTAN**

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**BS RESEARCH PROJECT (PSY 451)**

**QURAT-UL-AIN**

**Participant ID# 110703-018**

**SESSION (2011-2015)**

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**DEPARTMENT OF PSYCHOLOGY**

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**LAHORE**

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## **Declaration**

I MsQurat-ul-ainRoll no, 110703018, student of BS Social Sciencesin the subject of Psychology, session 2011-2015, hereby declare that the material printed in this thesis titled “Perceptions about the Evil Eye Belief Practices among Saraiki Mothers in a Punjabi Village in Pakistan” is original work and has not been printed, published, or submitted as research work, thesis or publication in any form in any university, research institution etc. in Pakistan or abroad.

Dated:

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Signature of the declarer

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## **Abstract**

*The evil eye phenomenon is common in all cultures. In Pakistani context, this phenomenon has been rarely studied. The aim of the study was to explore the evil eye belief practices among Saraiki mothers in a village in Punjab, Pakistan. Saraiki mothers of Punjab believe in the evil eye phenomenon and have perceptions about its causes and effects. They adopt several types of protective and remedial practices to ward off the evil eye. This study investigates the perceived causes and effects of the evil eye and protective and remedial practices. Using qualitative interviews as primary research method, the researcher approached ten (educated & uneducated) mothers in the village and conducted in-depth interviews. The researcher conducted qualitative content analysis. Themes were emerged directly from the data that produced the interpretation of the finding. People religiously believe in the evil eye and its harmful effects. They relate it with a feeling of envy that intentionally or unintentionally trigger harmful wishes. Besides other folk remedies, Islamic amulets (tawiz) and incantations (dam/ ruqya) are popular religious remedies. The study concludes the religious basis of the evil eye beliefs and religious and folk remedial practices that provide a magico-religious healing framework initiated by a magico-religious perception of the belief.*

**Key Words:***Evil Eye, Magico-Religious, Folk Healing, Religious Healing, Childcare*

## Interview guide

### Demographic information:

Age: -----

Education: -----

1. What do you know about the evil eye?
2. Why do you believe on evil eye
1. What happened when the evil eye affects us?
3. How do you get to know that a person is affected from the evil eye?
4. What do you do to prevent from the evil eye?
5. How it affects the new born babies?
6. What are those precautions used to prevent newborn babies from the evil eye?
7. What are the symptoms in the children that we get to know that a child is affected from the evil eye?
8. How does it affect the animals?
9. What are different methods used to ward off the evil eye?

10. What are the Islamic traditions used to ward off the evil eye?
11. Why people usually prefer black for the prevention of the evil eye? (kalatiqa, kaladhaga, kalakapra, kali handi etc.)
12. What do you say about that these beliefs are transferred to the next generation or not? Does education affect it?