

**Personality Traits and Psychosocial Issues Associated with
Internet Pornography in University Male Students**



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DECLARATION

I, Ms. Komal Razzaq, ID: F2016257013 Student of **MS Counseling Psychology** in the subject of **Counseling Psychology session 2016-2018**, hereby declare that the matter printed in the thesis titled as **“Personality Traits and Psychosocial Issues Associated with Internet Pornography in University Male Students”** is my own work and has not been printed, published and submitted as research work thesis or publication in any form in any university, research institution etc. in Pakistan or abroad.

Dated: _____

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Certificate of Approval

Accepted by the Faculty of the Institute of Clinical Psychology, University of Management and Technology, Lahore in partial fulfillment of the requirements for the degree of MS in Counseling Psychology.

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Dedication

This humble work is dedicated to two merciful persons in my life, my mother Tasneem Kausar and my father Muhammad Razzaq. Without whom I would not have become what I am today. Their motivation and encouragement had ensured that I never give up on myself or my dreams, no matter how long it takes.

Abstract

This study was aimed to explore and investigate the relationship between personality traits and psychosocial issues associated with internet pornography in university male

students. The study comprised of qualitative and quantitative methods. In qualitative, interviews were conducted from the university male students. In quantitative, indigenous scale on Psychosocial Issues Associated with Internet Pornography (PSIP) was developed and in subsequent phase main study was conducted by using newly developed scale (PSIP), Big Five Personality Scale along with Depression Anxiety Stress Scale for validation. The data was collected through purposive and snowball sampling directly from the university boys or through emails by posting confession on university and hostel pages. The qualitative results explored three categories: Psychological issues, Social issues and Mental illness. In quantitative, the result of factor analysis showed four factors: Anxiousness, Neurotic Guilt, Sexual Preoccupation and Low Self-esteem. Co-relational analysis revealed neuroticism has significant positive relation with factors of psychosocial issues while extrovert has non-significant relation. Furthermore, Neuroticism was a significant positive predictor of factors of psychosocial issues that were significant positive predictor of mental health issues in students.

Keywords: Personality traits, psychosocial issues, Internet pornography, Mental illness, University male Students.

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Introduction

The current study was aimed to explore and investigate the relationship between personality traits and psychosocial issues associated with internet pornography in university male students. Adolescent stage is considered the most challenging stage of the life as it is a period of transition of psychological development of the individuals involving explorations (Huang, 2006). With the passage of the time as the individual grew up different psychological, emotional and physical changes occur in the body. These changes manifest behaviorally in individual and the adolescents found out it difficult to handle or manage these changes in a proper way (Beyens, Vandebosch, & Eggermont, 2015). According to the theory of the Freud, the individual passes through different stages and if the requirements at the specific stage are not full filled, it may lead to the difficulties in the later life. So, in this way the hidden needs, desires and the requirements when not full filled may lead to the various emotional and behavioral problems including sexual problems in the adolescent. Sexual problems mainly occurred when the adolescents crossed the teenage and achieved the puberty (Mass, 2010).

Pornography is a graphical display of human sexuality that sketched by another sign of human intelligence in the past (Short, Black, Smith, Wetterneck, & Wells, 2012). The word “porn” came from Greek word which means “indecent pictures” which the Greek displayed on their wall (Mitchell, Finkelhor, & Wolak, 2003). Pornography wasn't invented but it was available from hundreds perhaps thousands of years (Short et al., 2012). In the past, nobody had video player but they enjoyed pornography in the form of cave drawings, sculptures and sketches (Hall, Holmqvist, & Sherry, 2004). Today,