

SPORTS COMPLEX KOHAT



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***IN THE NAME OF ALLAH, WHO IS THE
MOST BENEFICIENT AND MERCIFUL***

DEDICATION

As I walked down the street of life, “my parents” stood at the corner and matured me, how to deal with problems of life.

I dedicate this work to my lineage!

ACKNOWLEDGMENT

First and foremost, I am highly grateful to my Allah who is the most gracious. Merciful and beneficent being true Muslim we have belief in saying that our each accomplishment is a result of mercifulness of great Allah. I bow my head before almighty Allah the countless blessing of who is enabled me to complete my sports complex.

I would like to express my gratitude towards my teachers, without help of whom I was not able to reach here, **PROF. DR. YOUSAF AWAN, DR.SAIMA GULZAR, SIR. ILYAS MALIK,SIR.SRMAD.** I am truly grate full to my friends. I am also grateful to staff of Punjab sports complex Lahore, who help me in such a nice manner.

Special admiration to our beloved holy prophet (saw) who is life give us true path to follow for our successful lives. Every one of us inspiration from him (saw) who seeks knowledge. No doubt he (saw) is a symbol of knowledge and guidance.

It was an honor and pleasure for me to study in department of architecture at university of management and technology where I have been able to demonstrate the theoretical concept with practical and learnt a lot.

ABSTRACT

Sports are a source of national identity. Sports have a culture as well as social importance. It is basic nature of man to complete and excel from others. Sports are a stage where he can fulfill the innate need and desire to get fame and recognition.

But there is a dilemma in the modern society, that there are no sports facilities for the people to make use of them. Cities are rapidly growing and getting more and congested and there is no consideration of sports and recreational facilities in the urban planning of

The cities and towns. The result being that communities have started to fall apart and there are many social issue and problem rising and taking birth in the modern societies.

Because of the lack of sports facilities society is heading towards its downfall. The handful of sports academic and institutions are turning out word class athletes that would represent our nation in international events.

There is absolute need to revive our glorious past of sports that was once our identity. So a training sports complex with standardized sports facilities in inevitable to elevate the sports scene in Pakistan.

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CHAPTER 1

INTRODUCTION

HISTORICAL CONTEXT OF SPORTS

A General definition of sports is very necessary before & discussion can be carried out on the subject. Sports can be defined as any activity or Experience that gives enjoyment or Recreation pastime, diversion such as activity requiring more or less vigorous bodily exertion and carried on sometimes as a profession according to some traditional form or set of rules whether outdoors as football golf etc or indoors as badminton table tennis chess or bowling etc is regarded as sports.