

# **Study on ergonomics of sewing operators in different apparel industries to identify the best practices**



A project submitted to

**UNIVERSITY OF MANAGEMENT AND TECHNOLOGY**

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## **DECLARATION**

**“We declare that all the work we have done as a wholly and solely belong to us and we have written, edited and rewritten this project with our own efforts and the help of our respected teacher”.**

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# Acknowledgement

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## **Abstract**

This research is about the study on ergonomics in sewing department as much of the apparel industries do not provide the favorable working environment to their operators. The end result of our research is that industries which provide favorable working environment like proper lighting comfortable chair adjustable table proper ventilation and automatic machinery their operators are more willing to work and their productivity is high relative to other industries which do not provide good working environment to operators.

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