

Perception of parents regarding imparting sex education to children



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Declaration

I, Ms. Ghalia Arfan, Student No: 13003141015, student of BS in the subject of psychology, session of 2013 - 2017, hereby declare that the material printed in this thesis, titled **“Perception of parents regarding imparting sex education to children”** is original work and has not been printed, published or submitted as research work or thesis in any university or research institution in Pakistan or abroad.

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Research Completion Certificate

Certificate that the research work contained in this thesis titled **“Perception of parents regarding imparting Sex Education to children”** has been carried out and completed by **Ms. Ghalia Arfan, Student No: 13003141015**; Student of BS Psychology, session 2013-2017, under my supervision. This study is an independent research work and carried out under given instruction and consideration.

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Abstract

In Pakistan, sex education is perceived as taboo. It is an essential component in the development of human beings. In this study the researcher explored the perception of the parents regarding imparting sexual education to the children. The researcher also try to understand the religious perspective of parents regarding sex education for children and the practiced attitude of the parents. To investigate their perceptions, the researcher used mixed method research approach. 12 semi-structured interviews were conducted from parents including both mothers and fathers. Community survey about attitude towards sex education was conducted to get the opinion of parents, teachers and youth. In qualitative results, the main themes that emerged from the data analysis were; understanding of parents, landmark for imparting sex education, awareness about sex education, societal perception, agents of sex education, and psychological impact. These themes are linked with each other. Whereas in survey results we get the statistics that were shown variation in their opinion regarding grades.

In the conclusion, the role of sex education in children lives is much highlighted. It doesn't only contribute in physical development but also play strong role in making psychological development of the individual. It is important for making our children strong not only physical but emotionally and psychologically. Additionally, it will help in making control on the rape and harassment cases in Pakistan.

Chapter I

Introduction

According to psychologists sex means “The sum of the structural, functional, and behavioural characteristics of organisms that are involved in reproduction marked by the union of gametes and that distinguish males and females”. (Kaka voulis & Forrest, 1999)

It is an essential component in the development of human beings. Sex and the other issues linked to this domain are very important to be discussed. In general, it can be labeled by following terms, which are (a) male (b) female (c) transgender, etc. These are the few basic labels which are commonly recognized in Pakistani society.