

**Emotional behavioral problems and parental rearing: A cross
informant discrepancies between mothers and adolescents**



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DECLARATION

I, Ms. **Nazish Naseer** ID: **15006146003** Student of **MS Clinical Psychology** in the subject of **Clinical Psychology session 2015-2017**, hereby declare that the matter printed in this thesis titled **Emotional Behavioral Problems and Parental Rearing: A Cross Informant Discrepancies between Mothers and Adolescents** is my own work and has not been printed, published and submitted as research work thesis or publication in any form, in any university and research institution in Pakistan or abroad.

Dated:

Signature of Deponent

Certificate of Approval

Accepted by the Faculty of the Institute of Clinical Psychology, University of Management and Technology, Lahore in partial fulfillment of the requirements for the degree of MS in Clinical Psychology.

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Dedication

I would like to dedicate my work to my parents who supports me in every difficult phase of my life to bring me out of this “Rehana Perveen& Naseer Ahmed” who not only support me morally but also spiritually throughout my life.

Abstract

Current study was an attempt to investigate the agreement and discrepancies among mother and adolescent's perception about the emotion behavioral problems of adolescent as well as to see the impact of perceived maternal rearing on next generation (adolescent's) perception of emotional behavioral problems along with the coping strategies of mothers. Present study also focused on mothers own perception about their maternal rearing and its relationship with the perception of adolescent's emotional behavioral problems. Cross sectional research designed was used in which 240 data was divided into two populations, 120 adolescents (60 boys, 60 girls) and 120 mothers. School Children Problem Scale (SCPS), Egna Minnen Beträff and eUppfostran (EMBU-C and EMBU-A) child and adult version to measure perceived parental rearing. Perceived Emotional Behavioral Problem Scale (PEBP) for maternal perception about emotional behavioral problems of adolescent and Brief cope scale (BC) were used. No discrepancy was found between mother and adolescent's perception regarding adolescent's emotional behavioral problems. Mothers who perceived emotional warmth from their mothers perceived less emotional and behavioral problems in their adolescents. Relationship was found between the mother's coping and perceived emotional behavioral problems among adolescents as problem focused coping had negative relationship with adolescent's emotional behavioral problems. Results are discussed under the cultural context and further research suggestion are given.

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Chapter I

Introduction

Adolescence is a stage of uncertainty full of, behavioral or emotional content problems (Robinson, Kendall, Jacoby, Hands, Beilin, Silburn, Zubrick & Oddy, 2011). As this is the most prevailing health concern of people with emotional or behavioral disturbance as stated by the world health organization (Holling, Kurth, Rothenberger, Becker & Schlack, 2008). Adolescents and their emotional behavioral problems, adolescents transition occurs through the, as at this point where they move toward to grow up with related concerned changes in bodily, their way of behaving social interactions, cognition changed (Hill, 1983). Independence, exploring in social context due to school, (Kerns & Brumariu, in press) sense of greater autonomy as these are the demands and the challenges they faced and struggled with in this phase of life (Allen, 2008). Role identification, discovering one self concept or finding their identity is vital phenomenon of this, while struggling with they faced different problems that some how creating obstacles in achieving all these things or some how as being the part of the society all should follow the norms or society if the child not behave in certain while the struggling with all these phenomenon's, in a socially acceptable way their behaviors considered as the deviant or distorted (Miller, 2004).