

**Temperament and emotional behavioral problems of adolescent, a  
mediating role of mother's personality**



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## **DECLARATION**

I, Ms. **Saman Masood** ID: **15006146017** Student of **MS Clinical Psychology** in the subject of **Clinical Psychology Session 2015-2017** hereby declare that the stuff written in the thesis “**Temperament and Emotional Behavioral Problems of Adolescent, A Mediating Role of Mother’s Personality**” is my own work and has not been printed, published and submitted as research work thesis or publication in any form in any university, research institution etc in Pakistan or abroad.

**Dated: 24-05-2017**

**Signature of Deponent**

## **Certificate of Approval**

Accepted by the Faculty of the Institute of Clinical Psychology, University of Management and Technology, Lahore in partial fulfillment of the requirements for the degree of MS in Clinical Psychology

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## Acknowledgement

### “ALLAH IS SUFFICIENT FOR ME”

Indeed, with every difficulty there is relief. Thank you so much Allah Almighty for what I thought, and what I still think, and always will, and for giving me power to complete this work. I would pay gratitude to my Parents, as its mine mandatory duty and enormous pleasure, because all that I am, or hope to be I owe to my, ‘**mama**’, ‘**Ami Jan**’ and my ‘**Anuti**’ for being so supportive and a helping figure throughout my life especially for sending me Lahore for studies as well as my ‘**papa**’ for being a big moral support.

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**Saman Masood**

**DEDICATION**

Dedicated to My DREAMLAND on World

“MY MOTHER”

### Abstract

The current study was designed to identify the manifestation of mother's personality, maternal perception of the adolescent's temperament and emotional behavioral problems. The main study was carried out on 100 participants in which 50 boys and 50 girls, mothers were taken, who have children with the age range of 9-15 years. ( $M=11.54$ ;  $SD=2.29$ ) selected through snowball sampling. For this purpose, three scales were used to measure the mother's perception. The measures of the current study comprised Temperament Scale for children boys and girls (TSCB, TSCG, Amin & Saleem, 2016), Perception of Emotional Behavioral problem (PEBP, Marcellus & Bashir, 2016), and Big Five Inventory (John, Donahue & Kentle, 1991). Findings of the study showed that mothers who are extroverted perceived their child more social and found less emotional behavioral problems in their children, and mothers who have high neuroticism were used to perceive their child more aggressive and careless and found more emotion behavioral problems. The current study will help to know about the deep influences of mother's personalities on the temperaments and emotional behavioral problems of adolescent, it will also help to know about the factors which induce emotional behavioral problems in the adolescents.

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## **Chapter I**

### **Introduction**

The current research would be a fascinating work on the temperament of adolescents in maternal perspectives which is becoming very important in research findings. The temperament is biological in nature. According to the bio psychosocial perspective all children are born with a particular temperamental constitution, which is largely genetic basis of personality. Temperament is a given and remains relatively stable throughout the life span. The behavior's exhibit change over the course of time, some can be suppressed to live a more functional life, but the unique temperament of a person does not change much. But the mothers shape the child's behavior if the temperament is positive then it could reduce pathology later in life and the mothers can better tell the temperament of their adolescent as compared to anyone (Ahadi & Rothbart, 2009).