

Research Thesis

Perceived Parenting Styles and Identity in Adolescents



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DECLARATION

I, Ms. **Shumaiza Iqbal** ID: 13003146022 Student of **MS Clinical Psychology** in the subject of **Clinical Psychology session 2013-2015**, hereby declare that the matter printed in the thesis title **Perceived Parenting Styles and Identity in Adolescents** is my own work and has not been printed, published and submitted as research work thesis or publication in any form in any university, research institution etc. in Pakistan or abroad.

Dated: Signatureofdeponent

Certificate of Approval

Accepted by the Faculty of the Department of Clinical Psychology, School of Social Sciences & Humanities, University of Management and Technology, Lahore in partial fulfillment of the requirements for the degree of MS in Clinical Psychology

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Dedication

I would like to dedicate this work to

My Husband; M. AamirShahzad

And my Parents

Who encouraged me in every step of my life

Abstract

The present study investigated the relationship between perceived parenting styles and identity in adolescents. Identity Scale was developed and after the factor analysis four factors were revealed in the Identity Scale that were Positive Self-Identity, Negative Self-Identity, Weak Self-Identity and Arrogant Self-Identity. Identity scale was administered on the adolescent's population along with EMBU-C. Results showed that Over Protection and Anxious Rearing of both parents and Emotional Warmth of the father were significantly positive of the Positive Self-Identity whereas Rejection is negatively significant with the Positive Self-Identity.

Rejection of the both parents was significantly positive of the Negative self-identity, Weak Self-Identity and Arrogant Self-Identity and on the other hand Emotional Warmth of the both parent is negatively significant with the Negative self-identity, Weak Self-Identity and Arrogant Self-Identity. Moreover gender, age, sector and classes were the positive predictors of the Arrogant Self-identity, whereas Overprotection, Rejection, Anxious Rearing of the father and Emotional Warmth and Rejection of the mother were the positive predictor of the gender. Mother's anxious rearing was also positive predictor of the classes of the adolescents.

