

**PARENTAL REJECTION AND PSYCHOLOGICAL ADJUSTMENT  
AMONG ADOLESCENTS. A CROSS CULTURAL STUDY.**



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**ID # 13002142016**

**Session (2013-2015)**

**MSC Psychology**

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UNIVERSITY OF MANAGEMENT AND TECHNOLOGY**

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**A thesis submitted in partial fulfillment of the requirements for the degree of  
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**Certificate of Approval**

This is to certify that I have examined this copy of a Master's thesis by Reham Manzoor and have found that it is complete and satisfactory in all respects, and that any and all revisions required have been made. It is accepted by the faculty of the department of Psychology, School of Social Sciences & Humanities, University of the Management and Technology, Lahore in partial fulfilment of the requirements for the degree of MSC in Psychology

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**Dedicated to my Parents**

### **Declaration**

I, Ms. Reham Manzoor, ID No .13002142016, student of MSc in the subject of Psychology, session 2013 -2015, hereby declare that the material printed in this thesis titled “Parental Rejection and Psychological Adjustment among Adolescents. A Cross Cultural Study.” is original work and has not been published or submitted as research work, thesis or publication in any form in any university, research institution etc in Pakistan or abroad.

Dated:

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Signature of the declarer

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### **Abstract**

This study examines parental rejection and psychological adjustment among adolescents. It is a cross cultural study of two diverse groups. The sample of the study consisted of Pakistani boys ( $n=50$ ) living in Saudi Arabia and boys ( $n=50$ ) live in Pakistan with the age range 13-17. Mostly

adolescents belonged to middle and upper-middle in Saudi Arabia and upper-middle and upper socioeconomic class in Pakistan. The tests used in this research are Pearson's correlations, regression, independent sample t-test Alpha coefficients, Mean and Standard Deviation. Results revealed that children living in Saudi Arabia perceive their parents especially to their fathers more rejected as compare to the children living in the Pakistan. The most significant predictor of parental rejection was parental rejection perceived by fathers. While psychological adjustment did not significantly predict. Results of this research show those adolescents of Pakistan recognize their parents as compliant as well as to self-report fairly positive psychological adjustment. In addition, the adolescents tend to see their mothers and fathers as being almost equal in mutual status and power. However, even though perceived or recognized acceptance by parents is not considerably linked with the adjustment of males and females psychologically, parental power nor status is associated with the youth's adjustment. Furthermore implications and suggestions are also discussed in the end.